CalPERS: PERS Exclusive Provider Organization EPO Del Norte County

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.anthem.com/ca/calpers. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call (877) 737-7776 to request a copy.

| Important Questions   | Answers  | Why This Matters:   |
|---|--|---|
| What is the overall deductible?                               | <b>\$0</b> .   | There is no overall deductible for this plan.   |
| Are there services covered before you meet your deductible?   | Yes.   | There is no <u>deductible</u> to meet before the <u>plan</u> pays for services.   |
| Are there other <u>deductibles</u> for specific services?     | No.  | You don't have to meet <u>deductibles</u> for specific services.  |
| What is the <u>out-of-pocket limit</u> for this <u>plan</u> ? | \$1,500/single or \$3,000/family for In-Network Providers. This plan has a separate Out of Pocket Maximum for Prescription Drugs of \$7,600/individual or \$15,200/family, \$1,000 Home delivery for In-Network Providers.   | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. Whichever is met first.   |
| What is not included in the out-<br>of-pocket limit?          | Premiums, Balance-Billing charges, Health Care this plan doesn't cover, Infertility Treatment costs, unauthorized charges incurred for services and supplies from a Non- EPO/Out-of-Network provider referral unless in connection with an emergency or urgent care. | Even though you pay these expenses, they don't count toward the out-of-pocket limit.  |
| Will you pay less if you use a network provider?              | Yes, EPO. See <a href="https://www.anthem.com/ca/calpers">www.anthem.com/ca/calpers</a> or call (877) 737-7776 for a list of <a href="https://www.network.network.network">network</a> providers.  | This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Check with your provider before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist?</u>     | No.  | You can see the <u>specialist</u> you choose without a <u>referral</u> .  |

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

|  |   | What You  | ı Will Pay  | Limitations, Exceptions, & Other Important Information  |  |
|--|---|---|---|---|--|
| Common<br>Medical Event  | Services You May Need   | In-Network Provider (You will pay the least)                            | Out-of-Network<br>Provider<br>(You will pay the most) |   |  |
|  | Primary care visit to treat an injury or illness                  | \$15/visit  | Not covered   | none  |  |
| If you visit a   | Specialist visit  | \$15/visit  | Not covered   | none  |  |
| health care provider's office or clinic  | Preventive care/screening/immunization                            | No charge   | Not covered   | You may have to pay a copay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. |  |
| If you have a test   | <u>Diagnostic test</u> (x-ray, blood work)                        | No charge   | Not covered   | none  |  |
|  | Imaging (CT/PET scans, MRIs)                                      | No charge   | Not covered   | none  |  |
| If you need drugs<br>to treat your<br>illness or   | Tier 1 - Typically Generic  | \$5/prescription (retail) and<br>\$10/prescription (home<br>delivery)   | Not covered   | Most home delivery is 90-day supply. *See Prescription Drug section of the plan or policy document (e.g. evidence of coverage or certificate).                    |  |
| condition  More information about prescription drug coverage is available at http://www.optu mrx.com/calpers | Tier 2 - Typically <u>Preferred</u><br>Brand                      | \$20/prescription (retail)<br>and \$40/prescription<br>(home delivery)  | Not covered   |   |  |
|  | Tier 3 - Typically Non- <u>Preferred</u> / <u>Specialty Drugs</u> | \$50/prescription (retail)<br>and \$100/prescription<br>(home delivery) | Not covered   |   |  |
|  | Tier 4 - Typically <u>Specialty</u><br>(brand and generic)        | <u>Specialty</u> follows the tier structure above.                      | Not covered   |   |  |
| If you have outpatient surgery   | Facility fee (e.g., hospital, ambulatory surgery center)          | No charge   | Not covered   | There is a \$250 <u>copayment</u> for upper and lower GI endoscopy, cataract surgery and spinal injection.  |  |
|  | Physician/surgeon fees  | No charge   | Not covered   | none  |  |

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at <u>www.anthem.com/ca/calpers</u>

|   |   | What You  | ı Will Pay   | Limitations, Exceptions, & Other Important Information  |  |
|---|---|---|--|---|--|
| Common<br>Medical Event   | Services You May Need                     | In-Network Provider (You will pay the least)                | Out-of-Network Provider (You will pay the most)                |   |  |
| If you need   | Emergency room care                       | \$50/visit  | Covered as In-Network  | If admitted to inpatient, ER copay is waived.   |  |
| immediate<br>medical attention  | Emergency medical transportation          | No charge   | Covered as In- <u>Network</u>                                  | none  |  |
|   | <u>Urgent care</u>                        | \$15/visit  | Covered as In- <u>Network</u>                                  | none  |  |
| If you have a   | Facility fee (e.g., hospital room)        | No charge   | Not covered  | none  |  |
| hospital stay   | Physician/surgeon fees                    | No charge   | Not covered  | none  |  |
| If you need<br>mental health,<br>behavioral health,<br>or substance<br>abuse services | Outpatient services                       | Office Visit<br>\$15/visit<br>Other Outpatient<br>No charge | Office Visit<br>Not covered<br>Other Outpatient<br>Not covered | Office Visitnone Other Outpatient Precertification may be required.   |  |
|   | Inpatient services                        | No charge   | Not covered  | No charge for Inpatient Physician Fee In-Network Providers. No coverage for Inpatient Physician Fee Out-of-Network Providers. Precertification is required. |  |
|   | Office visits                             | No charge   | Not covered  | Cost sharing does not apply for   |  |
| If you are  | Childbirth/delivery professional services | No charge   | Not covered  | preventive services. Maternity care may include tests and services  |  |
| pregnant  | Childbirth/delivery facility services     | No charge   | Not covered  | described elsewhere in the SBC (i.e. ultrasound).   |  |
|   | Home health care                          | No charge   | Not covered  | none  |  |
| TC 11 1   | Rehabilitation services                   | \$15/visit  | Not covered  | *See Therapy Services section   |  |
| If you need help<br>recovering or have<br>other special<br>health needs               | Habilitation services                     | \$15/visit  | Not covered  | See Therapy Services section  |  |
|   | Skilled nursing care                      | No charge   | Not covered  | 100 days limit/benefit period for In-<br>Network Providers.   |  |
| neurin needs  | Durable medical equipment                 | No charge   | Not covered  | none  |  |
|   | Hospice services                          | No charge   | Not covered  | none  |  |
| If your child   | Children's eye exam                       | No charge   | Not covered  | *See Vision Services section  |  |
| needs dental or   | Children's glasses                        | Not covered   | Not covered  | SCC VISIOII SCIVICES SECTIOII   |  |
| eye care  | Children's dental check-up                | Not covered   | Not covered  | *See Dental Services section  |  |

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at <u>www.anthem.com/ca/calpers</u>.

#### **Excluded Services & Other Covered Services:**

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded</u> <u>services</u>.)

- Cosmetic surgery
- Glasses for a child
- Non-emergency care when traveling outside the U.S.
- Weight loss programs

- Dental care (adult)
- Infertility treatment
- Private-duty nursing

- Dental Check-up
- Long- term care
- Routine foot care unless you have been diagnosed with diabetes.

#### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture 20 visits/benefit period combined with Chiropractic care.
- Hearing aids 1 per ear/every 36 months.
- Bariatric surgery
- Routine eye care (adult) one visit/benefit period.
- Chiropractic care 20 visits/benefit period combined with Acupuncture.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="Health Insurance Marketplace">Health Insurance Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, P.O. 60007, Los Angeles, CA 90060-0007

Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>

California Department of Managed Health Care Help Center, 980 9th Street, Suite 500, Sacramento, CA 95814, (888) 466-2219, <a href="www.dmhc.ca.gov">www.dmhc.ca.gov</a>, <a href="helpline@dmhc.ca.gov">helpline@dmhc.ca.gov</a>

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at <u>www.anthem.com/ca/calpers</u>.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

#### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

| 23.12-181  |                        |   |                         |  |                         |
|--|------------------------|---|-------------------------|--|-------------------------|
| Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)   |                        | Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)   |                         | Mia's Simple Fracture (in-network emergency room visit and follow up care)   |                         |
| <ul> <li>□ The plan's overall deductible</li> <li>□ Specialist copayment</li> <li>□ Hospital (facility) coinsurance</li> <li>□ Other coinsurance</li> </ul>          | \$0<br>\$0<br>0%<br>0% | <ul> <li>□ The plan's overall deductible</li> <li>□ Specialist copayment</li> <li>□ Hospital (facility) coinsurance</li> <li>□ Other coinsurance</li> </ul> | \$0<br>\$15<br>0%<br>0% | <ul> <li>□ The plan's overall deductible</li> <li>□ Emergency Room copayment</li> <li>□ Hospital (facility) coinsurance</li> <li>□ Other coinsurance</li> </ul>  | \$0<br>\$50<br>0%<br>0% |
| This EXAMPLE event includes services like:  Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services |                        | This EXAMPLE event includes service like: <u>Primary care physician</u> office visits (includisease education)  Diagnostic tests (blood work)               |                         | This EXAMPLE event includes service like:  Emergency room care (including medical and including medical and includes are included and includes are included and includes are included and includes and includes are included and |                         |

Childbirth/Delivery Facility Services **Diagnostic tests** (ultrasounds and blood work) **Specialist** visit (anesthesia)

**Total Example Cost** \$12,700

In this example, Peg would pay: Cost Sharing **Deductibles** \$0 **Copayments** \$0 Coinsurance \$0 What isn't covered Limits or exclusions \$60 The total Peg would pay is \$60 <u>Diagnostic tests</u> (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

| Total Example Cost |  |  |  |  | \$5,600 |
|--------------------|--|--|--|--|---------|
|                    |  |  |  |  |         |

In this example, Joe would pay:

| Cost Sharing               |       |  |  |  |
|----------------------------|-------|--|--|--|
| <u>Deductibles</u>         | \$(   |  |  |  |
| <u>Copayments</u>          | \$180 |  |  |  |
| Coinsurance                | \$(   |  |  |  |
| What isn't covered         |       |  |  |  |
| Limits or exclusions       | \$20  |  |  |  |
| The total Joe would pay is | \$210 |  |  |  |

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

**Total Example Cost** 

| In this example, Mia would pay: |       |  |  |
|---------------------------------|-------|--|--|
| Cost Sharing                    |       |  |  |
| <u>Deductibles</u>              | \$0   |  |  |
| Copayments                      | \$150 |  |  |
| Coinsurance                     | \$0   |  |  |
| What isn't covered              |       |  |  |
| Limits or exclusions            | \$0   |  |  |
| The total Mia would pay is      | \$150 |  |  |

\$2,800

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at <u>www.anthem.com/ca/calpers.</u>

(TTY/TDD: 711)

**Albanian (Shqip):** Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (877) 737-7776

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Arabic (العربية): إذا كان لديك أي استفسارات بشأن هذا المستند، فيحق لك الحصول على المساعدة والمعلومات بلغتك دون مقابل. للتحدث إلى مترجم، اتصل على 777-737 (877).
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**Armenian (հայերեն).** Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվձար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (877) 737-7776։

Bassa (Băsóò Wùdù): M̀ dyi dyi-diè-dè bĕ bédé bá céè-dè nìà kɛ dyí ní, ɔ mò nì dyí-bèdèìn-dè bé m̀ ké gbo-kpá-kpá kè bɔ̈ kpɔ̃ dé m̀ bídí-wùdùǔn bó pídyi. Bɛ́ m̀ ké wudu-zììn-nyò dò gbo wùdù kɛ, dá (877) 737-7776.

Bengali (বাংলা): যদি এই নথিপত্রের বিষয়ে আপনার কোনো প্রশ্ন থাকে, ভাহলে আপনার ভাষায় বিনামূল্য সাহায্য পাওয়ার ও তথ্য পাওয়ার অধিকার আপনার আছে। একজন দোভাষীর সাথে কথা ব্লার জন্য (৪७७) ७३७-७७७ – তে কল করুন।

Burmese **(မြန်မာ):** ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဇုန် (877) 737-7776 သို့ ခေါ် ဆိုပါ။

Chinese (中文): 如果您對本文件有任何疑問,您有權使用您的語言免費獲得協助和資訊。如需與譯員通話,請致電 (877) 737-7776。

Dinka (Dinka): Na non thiëëc në ke de ya thorë, ke yin non lon bë yi kuony ku wer alëu bë geer yic yin ne thon du ke cin weu taauë ke piny. Te kor yin ba jam wenë ran ye thok geryic, ke yin col (877) 737-7776.

**Dutch (Nederlands):** Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (877) 737-7776.

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Farsi (فارسي): در صورتی که سؤالی پیرامون این سند دارید، این حق را دارید که اطلاعات و کمک را بدون هیچ . هزینه ای به زبان مادریتان دریافت کنید. برای گفتگو با یک مترجم شفاهی، با شماره . 7776 (877) تماس بگیرید.
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French (Français): Si vous avez des questions sur ce document, vous avez la possibilité d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (877) 737-7776.

**German (Deutsch):** Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (877) 737-7776.

**Greek (Ελληνικά)** Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο (877) 737-7776.

Gujarati (**ગુજરાતી**): જો આ દસ્તાવેજ અંગે આપને કોઈપણ પ્રશ્નો હોય તો, કોઈપણ ખર્ચ વગર આપની ભાષામાં મદદ અને માહિતી મેળવવાનો તમને અધિકાર છે. દુભાષિયા સાથે વાત કરવા માટે, કોલ કરો (877) 737-7776.

Haitian Creole (Kreyòl Ayisyen): Si ou gen nenpòt kesyon sou dokiman sa a, ou gen dwa pou jwenn èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele (877) 737-7776.

Hindi (हिंदी): अगर आपके पास इस दस्तावेज़ के बारे में कोई प्रश्न हैं, तो आपको निःशुल्क अपनी भाषा में मदद और जानकारी प्राप्त करने का अधिकार है। दुभाषिये से बात करने के लिए, कॉल करें (877) 737-7776

**Hmong (White Hmong):** Yog tias koj muaj lus nug dab tsi ntsig txog daim ntawv no, koj muaj cai tau txais kev pab thiab lus qhia hais ua koj hom lus yam tsim xam tus nqi. Txhawm rau tham nrog tus neeg txhais lus, hu xov tooj rau (877) 737-7776.

Igbo (Igbo): O bụr ụ na ị nwere ajujụ o bụla gbasara akwukwo a, ị nwere ikike inweta enyemaka na ozi n'asusu gi na akwughi ugwo o bula. Ka gi na okowa okwu kwuo okwu, kpọo (877) 737-7776.

Ilokano (Ilokano): Nu addaan ka iti aniaman a saludsod panggep iti daytoy a dokumento, adda karbengam a makaala ti tulong ken impormasyon babaen ti lenguahem nga awan ti bayad na. Tapno makatungtong ti maysa nga tagipatarus, awagan ti (877) 737-7776.

Indonesian (Bahasa Indonesia): Jika Anda memiliki pertanyaan mengenai dokumen ini, Anda memiliki hak untuk mendapatkan bantuan dan informasi dalam bahasa Anda tanpa biaya. Untuk berbicara dengan interpreter kami, hubungi (877) 737-7776.

Italian (Italiano): In caso di eventuali domande sul presente documento, ha il diritto di ricevere assistenza e informazioni nella sua lingua senza alcun costo aggiuntivo. Per parlare con un interprete, chiami il numero (877) 737-7776

Japanese (日本語): この文書についてなにかご不明な点があれば、あなたにはあなたの言語で無料で支援を受け情報を得る権利があります。通訳と話すには、(877) 737-7776 にお電話ください。

Khmer (ខ្មែរ)៖ បើអ្នកមានសំណួរផ្សេងទៀតអំពីឯកសារនេះ អ្នកមានសិទ្ធិទទួលជំនួយនិងព័ត៌មានជាភាសារបស់អ្នកដោយឥតគិតថ្លៃ។ ដើម្បីជជែកជាមួយអ្នកបកប្រែ សូមហៅ (877) 737-7776 ។

**Kirundi (Kirundi):** Ugize ikibazo ico arico cose kuri iyi nyandiko, ufise uburenganzira bwo kuronka ubufasha mu rurimi rwawe ata giciro. Kugira uvugishe umusemuzi, akura (877) 737-7776.

Korean (한국어): 본 문서에 대해 어떠한 문의사항이라도 있을 경우, 귀하에게는 귀하가 사용하는 언어로 무료 도움 및 정보를 얻을 권리가 있습니다. 통역사와 이야기하려면 (877) 737-7776 로 문의하십시오.

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